

From: SAFE Security News and Alerts
Subject: More Summer Safety and Security Tips

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SAFE SECURITY®

Safety and Security Tips and Alerts



July 2012

SERVICE CALL

If your alarm system signals an issue, even a low battery, it is important to remember to *call SAFE first for service*. SAFE has your system configuration information and provides the best value for your dollar. Our customer care representatives receive technical training to assist subscribers, resolving many issues over the telephone; that saves a costly service call.



If a site visit is necessary to repair a system, SAFE will schedule a local authorized service technician. *Another great value: SAFE residential customers may opt for our Extended Service Plan that will save on trip charges and equipment costs for a minimal monthly fee.*

For information about our current Extended Service Plan offer, contact SAFE customer care at customercare@safesecurity.com.

About my alarm system....

What happens if my alarm system goes accidentally?

When your alarm system is being monitored and it goes into alarm mode, it sends a signal to your central monitoring station. This signal tells us the type and location of the alarm.

If your system goes off accidentally, remain calm and enter your four-digit user code (and OFF on most systems). This will send a cancelation signal to the monitoring station, verifying that an authorized user has disarmed the system and canceled the alarm signal. If your system still doesn't disarm, try your user code again. If you are unable to disarm the system, the monitoring station will call. Give your password and indicate that you accidentally set off your alarm.

It is important to keep your emergency contact list up to date. Is your list current with people and telephone numbers in case an alarm is triggered and our operator tries to contact you or someone on your list? The operator will call the list as per your instructions to verify the signal. Many cities with stretched resources now *require* verification of alarm signals before police are dispatched.

Be sure to tell these trusted friends that you have put them on the list, and familiarize them with the alarm system. If it has been a while or if you can't remember whom you assigned as your emergency contacts for your security alarm system, contact SAFE at 800-669-7779 or the monitoring station to review or update the list. Have your password or code ready.

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Savings Reminder: **Printable Certificate of Monitored Security at**

Most insurance companies offer homeowners discounts on their policy premiums, some up to 20%!

Now, you may print your own monitoring certificate on the SAFE website. It's quick and easy!

[Click here](#) or follow the link in the lower left of our homepage to a secure login area. If you haven't logged in before, register (just takes a moment) and follow the "certificate" prompts.

Download a printable version of the Certificate Of Monitoring to send to your agent.



**SAFE
Quick Links**

Click on the links below for

Health Watch

Skin game



Catch these types of skin cancer early Skin cancer is the most common form of cancer More than 2 million Americans are diagnosed with it every year, and one in five of us will develop it in the course of our lifetimes. Fortunately, it's also the easiest to treat and cure, if it's identified early.

Regular visits to a dermatologist are vital to protecting your skin, but in between appointments, keep an eye out for these typical forms of skin cancer before they turn deadly

Basal cell carcinoma. The most frequently diagnosed skin cancer, this appears as a translucent bump that may be pearly, pink, or shiny. It's associated with exposure to UV rays and, if untreated, can become disfiguring, but basal cell cancers rarely metastasize. They can be removed with minimally invasive surgery in a doctor's office.

Squamous cell carcinoma. These tend to look like sores red, crusty, or scaly. They may bleed and are often painful. They're usually found on sun-exposed areas of the skin. Squamous cell cancers are the second-most-common form of skin cancer and will grow if not treated. Again, different types of surgery can remove the cancer if performed early enough.

Melanoma. Melanoma appears as an irregular mole that may be black, brown, skin-colored, or even pink or white. This is the most serious type of skin cancer, capable of spreading to other parts of the body with fatal results if not treated quickly. Because melanoma can resemble a mole, be the lookout for any lesion on your skin that seems different from the rest.

Wake up with a little lemon Start your morning off right with a glass of water—and some fresh lemon juice squeezed into it. Lemon juice is an antioxidant, and also a good source of calcium, potassium, and vitamin C. In addition, it may give your immune system a boost and help with digestion throughout the day.

If you do squeeze a fresh lemon (as opposed to getting juice from a bottle), be sure to wash it thoroughly ahead of time to clean off any dirt or bacteria that may drift into the juice.

quick access to SAFE resources.

SAFE Customer Service
customer@safesecurity.com

Telephone: (800) 669-7779

Send SAFE Monitoring Service
Payment to:

SAFE Security
PO Box 660826
Dallas, TX 75266-0826

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(Please include your mailing
address)

Dear Customer,

We welcome your input if you have suggestions regarding content for our newsletter and Tips and Alerts. Send your comments to my email below.

Watch your mail for our Summer issue of *THE SENTINEL*, coming soon!

My best regards,
Karen

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